

## Statements to live by:

- |  |   |
|--|---|
| 1) I try to stand up for myself and others without hurting others. | 4) I think before I make choices that affect my health. |
| 2) I try to be just and fair.                                      | 5) I can work, play, rest and pray each day.            |
| 3) I can tell you how I look after myself.                         | 6) Simple things can make us happy                      |



## A Journey in LOVE

A developmental programme for children in the primary years



### PSHE

#### Keeping and Staying Healthy

Alcohol - Be able to predict and assess the level of risk in different fun situations. Be able to understand the risks associated with alcohol Discussion on staying healthy and new skills learnt during the unit.

End of KS2 Expectations	Safeguarding
<b>Drugs, Alcohol and Tobacco (H)</b> The facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drug-taking.	Health and First Aid

### RSE

#### Emotional

Understand that relationships develop and eventually, you may be able to use the word love. Love reveals itself in complete commitment. Recognise the characteristics of love: Love is caring and sharing with another person. We can love many people. However, two people can be drawn to a love that at its deeper levels becomes more and more exclusive. Intimacies are shared with the loved one and not with others. Love needs more than a single dimension, such as a common interest, sexual attraction, or similar ideas. A basis for love needs to grow and develop, so that the two people are more and more generous in their shared love. The relationship needs time to

COMMANDO JOES:  
- Empathy  
- Teamwork



Year Six