

## Prayer in Our Community

Daily Prayer is an important part of our school day and daily lives. Please see below some of our tradition Catholic prayers which children are taught at St Charles'.

### The Sign of the Cross

In the name of the Father,  
And the Son  
And the Holy Spirit  
Amen



### Our Father

Our Father, who art in Heaven,  
Hallowed be Thy Name.  
Thy Kingdom come. Thy will be done,  
On earth, as it is in Heaven.  
Give us this day our daily bread and forgive us our trespasses  
As we forgive those who trespass against us:  
And lead us not into temptation.  
But deliver us from evil.

**Amen**



### Hail Mary

Hail Mary, full of grace,  
The Lord is with thee.  
Blessed art thou amongst women,  
And blessed is the fruit of thy womb Jesus.  
Holy Mary. Mother of God. Pray for us sinners,  
Now, and at the hour of our death.

**Amen**



### Morning Prayers

When I wake in the morning early,  
The first thing I say is good morning God  
And thank you for today.

## **Morning Prayers**

Father in heaven, you love me,  
You are with me night and day.  
I want to love you always  
In all I do and say.  
I'll try to please you, Father,  
Bless me through the day.

**Amen**



## **Evening Prayer**

God our Father, I come to say  
Thank you for your love today.  
Thank you for my family  
And all the friends you give to me  
Guard me in the dark of night  
And in the morning send your light.

**Amen**



## **Grace before meals Prayer**

Bless us, O God, as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us, O God.

**Amen**

## **Grace after Meals Prayer**

Thank you, God, for the food we have eaten.  
Thank you, God, for all our friends.  
Thank you God, for everything,  
Thank you God.

**Amen**



### **Glory Be**

Glory be to the Father, and to the Son, and to the Holy Spirit,  
As it was in the beginning, is now and ever shall be, world without end.

**Amen**

### **Act of Contrition**

O my God I am very sorry that I have sinned against you,  
And by the help of your grace I will try not to sin again.

**Amen**



### **Eternal Rest**

Eternal rest give unto them O Lord,  
And let perpetual light  
Shine upon them,  
May they rest in peace.

**Amen**

### **Prayer after Holy Communion**

O Sacrament most holy, O Sacrament divine  
All praise and all thanksgiving be every moment thine.  
(Say or sing 3 times).



St Charles' Borromeo

**Prayer for us**



St Ralph Sherwin

**Prayer for us**

