

Statements to live by:

1) I try to stand up for myself and others without hurting others.	4) I think before I make choices that affect my health.
2) I try to be just and fair.	5) I can work, play, rest and pray each day.
3) I can tell you how I look after myself.	6) Simple things can make us happy



A Journey in LOVE

A developmental programme for children in the primary years



PSHE

Keeping and Staying Healthy

Washing Hands – how to prevent the spread of germs.

End of KS1 Expectations	Safeguarding
<p>Health and Prevention (H) About personal hygiene and germs, including bacteria, viruses and how they are spread and treated, and the importance of hand washing.</p> <p>Healthy Eating (H) What constitutes a healthy diet (including understanding calories and other nutritional content). The principles of planning and preparing a range of healthy meals. The characteristics of a poor diet and risks associated with unhealthy eating (obesity and tooth decay) and other behaviours.</p>	<p>Keeping safe at home, school and in the community.</p>

RSE

Social

Focus on first steps/first words and share the wonder and excitement on these moments.

COMMANDO JOES:
- Empathy
- Teamwork

