

## Statements to live by:

1) I try to use words that make the world a better place. (Please, sorry, thank you)	4) I can learn from my mistakes and failures.
2) I try to appreciate the beauty and the wonder in the world around me.	5) I try to keep going when things are difficult and not give up hope.
3) I know that it is ok for me to make mistakes.	6) I know what humility means.



## A Journey in LOVE

A developmental programme for children in the primary years



## PSHE Being Responsible

Practise makes perfect & Helping someone in need.

Be able to name ways you can improve in an activity or sport  
Be able to see the benefits of practising an activity or sport. Know how you can help other people  
Understand the risks of talking to people you do not know very well in the community.

End of KS1 expectations	Safeguarding
<p><b>Physical health and fitness (H)</b> The importance of building regular exercise into daily and weekly routines and how to achieve this; for example, walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise. The risks associated with an inactive lifestyle (including obesity).</p> <p><b>Being safe (R)</b> How to respond safely and appropriately to adults they may encounter (in all contexts, including on-line) whom they do not know. How to recognise and report feelings of being unsafe or feeling bad about any adult.</p>	<p>Health (including mental health) and First Aid</p>

## RSE Intellectual

Could people feel alone even though they belong to a community? What would they miss out on? What are the advantages of being on your own?

Resilience  
Teamwork

COMMANDO JOES:

