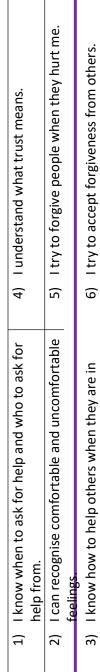
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Statements to live by:	sk for help and who to ask for



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trouble.

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## A Journey in LOVE

A developmental programme for children in the primary years



## **PSHE**

## **Feelings and Emotions**

Jealousy - Under- stand how we can support others who feel lonely, jealous, or upset. Learn and use a range of strategies for managing un-pleasant emotions caused by feelings of jealousy.

End of KS2 expectation:	Safeguarding
Mental Wellbeing (H)	Health (including mental health)
That there is a normal range of emotions (e.g. happiness, sadness,	and First Aid.
anger, fear, surprise, nervousness) and scale of emotions that all	
humans experience in relation to different experiences and	Keeping safe at home, at school



RSE

## Intellectual

Can I identify and name my feelings? Do I know and understand what these feelings are? How do I deal with what I feel, and can I analyse

COMMANDO JOE'S