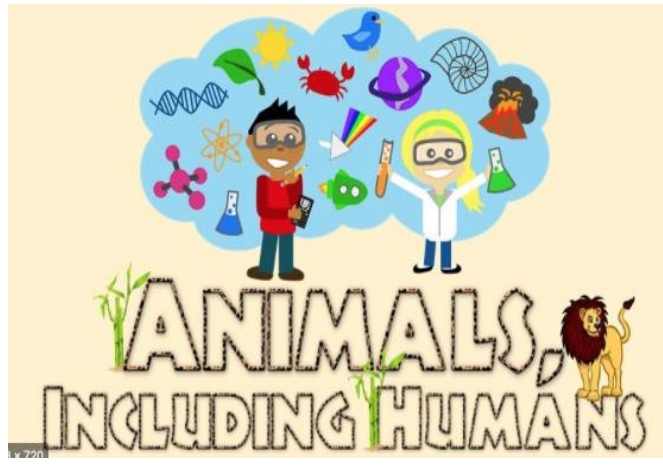


# Big Question: Am I really an animal?

LQ1	Can I classify animals and their babies? How will I group them?
LQ 2	How do humans grow and change?
LQ 3	Can I research what the three basic needs of a human are?
LQ 4	Why do humans need exercise?
LQ 5	Can I describe the importance of good hygiene?
LQ 6	What food that I eat is healthy?
End Product	Food Salad and mini information books to share with another class.
Links to being taught.	Animals including Humans Y1. Scientists and Inventors Y2. Living things and their habitats Y2. Healthy living and eating (PSHE Y2)
	Living things throughout KS2.
Character Traits	Teamwork Resilience



## Sticky Knowledge.

- I know how to wash myself.
- I know I look a little like my parents.
- A baby will change the way it looks as it grows up.
- I know that to grow into a healthy adult, we must eat the right types of food in the right amount and exercise.
- I understand that to stop illness and infections spreading, we must be hygienic and keep ourselves clean.
- I know that all young animals change at different stages as they grow into adults.
- I understand that some animals give birth to live young. Their offspring normally look like them when they are born.
- I recognise that some animals lay eggs which hatch into live young. This young then develops into an adult. When these eggs hatch, some animals look like their adult, e.g. birds and reptiles.
- I know that other animals have offspring which do not look like them, e.g. fish and amphibians.
- I understand that to stay alive, humans need three basic things. Air, water and food.
- I know that a balanced diet includes: fruit and vegetables, protein, Fibre, carbohydrates, fats. (Year 3)

## Exciting Books



## Vocabulary

Adult, develop, life cycle, offspring, reproduce, young, live young, dehydrate, diet, disease, energy, exercise, germs, heart rate, hygiene, hygienic, nutrition, pulse, food, Oxygen, water, healthy, food.