| Statements                            | statements to live by:                  |
|---------------------------------------|---|
| 1) We are all special.                | 4) I can laugh and have fun.            |
| 2) I can say one good thing about my- | 5) I know what to do if I seeing anyone |
| self.                                 | being hurt                              |
| 3) I can say how I feel.              | 6) I understand that rights match       |
|                                       | responsibility.                         |
|                                       |   |



## A Journey in LOVE

A developmental programme for children in the primary years

## PSHE Keeping and Staying Safe

Water Safety - Warning signs and water. Dangers of water. Keeping safe

near water.

| I | PSHE Programme of Study             | Safeguarding                 |
|---|-------------------------------------|------------------------------|
| I | Core Theme – Health and Well- being | Keeping safe at home, at     |
| I | How to respond in an emergency.     | school and in the community. |

## RSE

## Emotional

Understand that relationships develop and eventually, you may be able to use the word love. Love reveals itself in complete commitment. Recognise the characteristics of love: Love is caring and sharing with another person. We can love many people. However, two people can be drawn to a love that at its deeper levels becomes more and more exclusive. Intimacies are shared with the loved one and not with others. Love needs more than a single dimension, such as a common interest, sexual attraction, or similar ideas. A basis for love needs to grow and develop, so that the two people are more and more generous in their shared love. The relationship needs time to develop and mature.....ultimately people may decide to marry. Without love, relationships will fail because living with another human being means that they will find out exactly what you are like. What matters is what kind of person you are and what qualities you bring to the relationship.



Self Aware

- Resilience



