

Statements to live by:

1) We are all special.	4) I can laugh and have fun.
2) I can say one good thing about myself.	5) I know what to do if I see anyone being hurt
3) I can say how I feel.	6) I understand that rights match responsibility.



A Journey in LOVE

A developmental programme for children in the primary years



PSHE

Keeping and Staying Safe

Peer Pressure - Understand potential outcomes of taking risks. What is peer pressure and why do we give in to it? Explore a range of scenarios featuring adult and children's views in order to develop strategies to cope with peer pressure.

End of KS2 Expectations	Safeguarding
<p>Caring friendships (R) That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right. How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed.</p>	<p>Keeping safe at home, at school and in the community.</p>

- COMMANDO JOES:**
- Resilience
 - Self Aware



RSE

Physical & Intellectual

- Identify and celebrate the ways I have changed since birth. Discuss the external and internal changes which happen to boys and girls in puberty. Recognise that sexual development is a natural part of human growth and that physical changes from child to adult means the ability and potential to become a mother or father. The purpose of the menstrual cycle is to prepare the female body for



Year Five