



Words you will learn:



belong

To feel part of a group.



carer

A person who looks after someone.



fair

Allowing everyone the same chance.



share

To let others have, use or join something.



trust

Believing someone will be kind and helpful to keep you safe and happy.

I belong to:

my community

my class

my family

me



Jayden's family



Arjun's family



Nina's family

We treat everyone with kindness, respect and care.



We are all different and special.



When things are tricky:

pause



stay calm



be kind



Bullying is unkind behaviour several times on purpose.
If you think bullying is happening, tell a **trusted adult**.



It is okay to say 'no'.



Please stop telling me what to do.



I don't want a hug.

It is important to ask for permission before
doing something or touching someone.

Always ask a trusted adult for help if you feel sad, fear,
anger or disgust.

I need help because...

I said 'stop' but...

Someone asked me to
keep a secret and I feel...

I feel scared...

I feel worried...

I saw something online...

I feel confused...